



MINISCEONGO YACHT CLUB

2026 SUTHERLAND REGATTA

SUPPLEMENTAL SAILING INSTRUCTIONS

1. RULES

- 1.1 This event is governed by the rules as defined in *The Racing Rules of Sailing*. Class rules are the current *Performance Handicap Racing Fleet Regulations* published by the YRA of LIS, modified to admit rating certificates issued by HRYRA.
- 1.2 These supplementary sailing instructions modify the HRYRA Common Sailing Instructions.
- 1.3 All boats must satisfy the *HRYRA Boat Standards* published on the HRYRA web site.

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted by 1000 hours on Saturday and 0930 on Sunday. (This changes CSI 2.1)
- 2.2 Any changes to the schedule of races will be posted on the day by 2000 the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notice to competitors will be posted on the bulletin board in the southern end of the MYC pavilions
- 3.2 (This changes 3.1)
- 3.3 On the water communication will be VHF channel 69 (This changes CSI 3.2)
- 3.4 Not modified from CSI
- 3.5 Failure of the race committee to make any VHF broadcasts, the timing thereof, or failure in the transmission or reception of any broadcast shall not be grounds for redress. This changes RRS 61.4(b).

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the bulletin board in the southern end of the MYC Pavilion.

5. SCHEDULE OF RACES

- 5.1 **The schedule of races is as follows:**
 - Saturday** – September 19, 2026 Skippers Meeting in the MYC pavilion at 0930. At least two races with the first signal at 1100. No race will be started past 1530.
 - Sunday** – Sunday September 20, 2026 At least one race with the first signal at 1030. No race will be started past 1330. Lunch and awards to follow.

6. CLASS FLAGS

6.1 The HRYRA PHRF class definitions and class flags are given in the table below.

Class	Description	Class Flag	Streamer Color
1	Less than 130, with spinnakers	Code Flag #1	Blue
2	Greater than 130, with spinnakers	Code Flag #2	Orange
3	All PHRFs, without spinnakers	Code Flag #3	White
4	All Double-handed, no spinnaker	Code Flag #4	Green
5	Skippers 21 and Under, no spinnaker	Code Flag #5	Red

Division 5 must be helmed by a skipper aged 21 or younger. Adults may crew but cannot drive or make tactical decisions.

7. RACING AREA

7.1 The racing area will be the waters of the Hudson River from the Stony Point lighthouse to Croton Point.

8. COURSES

8.1 Courses will be chosen from the course sheet attached.

9. MARKS

1. Marks will be orange nuns for lettered marks and red government markers for numbered marks.
2. An inflatable will be used for marks "X", "C" and "F"

10. Obstructions (Changes from CS1)

10.1 None

11. The Start

11.1 Races will be started using RRS 26 (unchanged from CSI)

11.2 The starting line will be between a staff or shroud displaying an orange flag on the race committee vessel and the course side of the starting mark "H".

11.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to

broadcast on VHF her sail number, bow number or the name of the boat. Delay in the radio broadcast of these calls, or the order in which they are made, or any omission or failure in the transmission or reception of these, will not be grounds for a request for redress by a boat. This changes RRS 61.1(a). (This changes CSI 11.3)

12. CHANGING THE NEXT LEG OF THE COURSE

12.1 Unchanged from CSI 21.1

12.1.2 The race committee may change the course by up to five (5) degrees in bearing and/or 0.2 nm in length without a signal. This changes RRS 33.

13. THE FINISH

13.1 Unless the course is shortened (see RRS 32.2), the finishing line will be between a staff or shroud displaying a blue flag on the race committee vessel and the course side of the finishing mark.

16. HEARING REQUESTS

16.1 The protest time limit is 1 hour after the race committee has returned to the dock at the end of the day's racing.

18. SAFETY REGULATIONS

18.1 Before the first warning signal, each boat shall report her sail number to the race committee by oral hail.

18.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity on the designated VHF channel or by oral hail.

19. RISK STATEMENT

19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks, including, but not limited to, strong winds, rough seas, weather changes, and the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.



SUTHERLAND REGATTA COURSE SHEET

MINISCEONGO YACHT CLUB

ID	Wind Dir.	Brg	Mark 1	Mark 2	Mark 3	Finish	Length
1	320-360	335	Cp			H	2.4
2	320-360	335	Cp	Hp	Cp	H	4.8
3	320-360	335	Cp	26p		H	2.78
4	320-360	335	Cp	Kp		H	5.64
5	320-360	335	Cp	Bp		H	3.9
6	320-360	335	Cp	24p		H	3.94
7	20-55	32	Dp			H	1.24
8	20-55	32	Dp	Hp	Dp	H	2.48
9	20-55	32	Dp	26p		H	2.75
10	20-55	32	Dp	24p		H	3.01
11	20-55	32	Dp	24p	DP	H	6.23
12	50-75	55	XS			H	1
13	50-75	55	XS	24P		H	2.78
14	50-75	55	XS	24P	XS	H	5.78
15	50-75	55	XS	BP		H	2.55
16	50-75	55	XS	BP	XS	H	3.6
17	105-155	127	Gs			H	3.1
18	105-155	127	Gs	Hs	Gs	H	6.2
19	105-155	127	Gs	Ks		H	3.47
20	150-180	160	Bp			H	1.5
21	150-180	160	Bp	Dp		H	2.82
22	150-180	160	Bp	Gp		H	2.55
23	150-180	160	Bp	CP		H	3.9
24	150-180	164	Kp			H	3.24
25	150-180	164	Kp	Hp	BP	H	4.74
26	150-180	164	Kp	Gp		H	4.06
27	150-180	164	Kp	CP			5.64
28	175-200	188	22p			H	3.7
29	175-200	188	22p	Hp	22P	H	7.4
30	175-200	188	22p	Kp		H	4.42
31	200-235	218	24p			H	1.66
32	200-235	218	24p	Hp	24p	H	3.17
33	200-235	218	24p	Kp		H	3.57
34	200-235	218	24s	Cs		H	3.94
35	200-235	218	24p	Bp		H	2.41
36	200-235	218	24p	Gp		H	3.4
37	260-295	278	Fp			H	2.1
38	260-295	278	Fp	Hp	Fp	H	4.2
39	260-295	278	Fp	Gp		H	4.35
40	260-295	278	Fp	24p		H	2.84
41	295-325	314	26p			H	1.58
42	295-325	314	26p	Hp	26p	H	3.16
43	295-325	314	26p	Kp		H	4.49
44	295-325	314	26p	24P	GP	H	5.16

